



## Sample breakfast menu – sampl bwydl en brechwast

Consists of / yn cynnwys: -

Homemade Porridge / *Uwd Cartref*

Bacon, sausage, mushrooms, tomato and black pudding with an egg of your choice (poached, fried, boiled or scrambled)  
*Bacwn, selsig, madarch, tomato a phwdin gwaed, gydag ŵy wedi'i goginio ar eich cais (wedi'i botsio, ei ffrio, ei ferwi neu ei sgramblo)*

Smoked salmon and scrambled eggs / *Eog wedi'i gochi ac wyau wedi'u sgramblo*

Grilled kippers with lemon wedges / *Penwaig cochion wedi'u grilio, gyda thalpiauw lemon*

A selection of cereals (C) / *Dewis o rawnfwydydd*

Natural yoghurt with fruit compote or coulis (C) / *logwrt naturiol gyda chompot ffrwythau neu goulis*

Croissants or pain au chocolate pastries / *Croissants neu pain au chocolate*

Selection of white, wholemeal or granary breads for toasting with choice of jams, marmalades or honey  
*Dewis o fara gwyn, blawd cyflawn neu granari i'w tostio Gyda dewis o jamiau, marmalêd neu fêl*

Selection of fresh fruits (C) / *Dewis o ffrwythau ffres*

### Drinks - Diodydd

Fresh fruit juices / *Sudd Ffrwythau*

A selection of teas and coffees / *Amrywiaeth o de a choffi*

Please note Breakfast is complimentary for residents / *Sylwch fod y brechwast o fewn y pris i westeion*  
For non-residents full breakfast is £9.95 and continental breakfast is £5.50 / *I eraill, mae brechwast llawn yn £9.95 a brechwast cyfandirol yn £5.50*

(C) – Included in the Continental Breakfast / (C) – *Yn rhan o'r brechwast cyfandirol*